Model Integrity Framework





Government of Western Australia Department of Communities

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- Home Stretch WA provides young people leaving out-of-home-care with the option to continue to receive support up until the age of 21 years.
- The Home Stretch WA Model was co-designed with young people with lived experience of transitioning from care, with a particular focus on the needs of young Aboriginal people and their families.
- The Department of Communities is partnering with community service organisations and Aboriginal Community Controlled Organisations (Home Stretch WA service providers) to deliver the Home Stretch WA program across the State.



The Home Stretch WA Model Integrity Framework is designed as a tool to support service providers to establish a high-quality Home Stretch WA service that is consistent with the service model codesigned by and with young people. It communicates a shared understanding of what Home Stretch WA service must offer in WA to be considered a Home Stretch WA service. The framework also describes how Home Stretch WA should be delivered based on the evidence base and insights shared by members of the Home Stretch WA - Community of Practice.

This framework is underpinned by the 'Transition Coach – Practice Principles', and the 'Nitja Nop Yorga Ngulla Mia' System Principles that reflect the voice and expressed needs of young people and Aboriginal Communities who guided the co-design of the Home Stretch WA model.

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Home Stretch WA providers will work together as a Community of Practice to ensure the model continues to evolve to meet the needs of young people across Western Australia.

After their first 12 months of service delivery, Home Stretch WA teams will be supported to undertake a model health check against the standards described in the framework as part of maintaining a culture of continuous improvement, transparency and accountability that is shared across the system.

This approach is derived from best practice in implementation science, and learnings from the evaluation of other jurisdictions that failed to effectively implement extended care. It is also a commitment made to young people by the Department of Communities, outlined in the "Home Stretch WA Youth Engagement Plan".

Adapting for Regional & Remote Young People

The Home Stretch WA Trial strongly recommended that a regional co-design process be undertaken to prepare the Home Stretch WA Model for regional communities, where most young people in care are Aboriginal. While the state-wide rollout time frames did not include a regional co-design, the Community of Practice has a focus on support regional providers to undertake this work.

The commissioning of regional Aboriginal Community Controlled Organisations to deliver the Home Stretch WA service has now enabled local Aboriginal Communities in these regions to play a key role in guiding and adapt how the service is offered. Aboriginal Community Controlled Organisations are best placed to understand how the Home Stretch WA practice approaches might be adapted or improved to draw on the strengths of Aboriginal culture, families and communities.

The Community of Practice employs an Aboriginal Practice Lead who will connect and support each of the ACCO's to share their expertise and adaptations across the network.

Empowering Aboriginal Community

Yorganop was the first commissioned provider of Home Stretch WA services and has been deeply involved in the co-design of the Home Stretch WA Model and the principles that underpin it. Co-located with the Community of Practice and established with intensive support by the Home Stretch WA Trial Team, Yorganop have established a high-fidelity Home Stretch WA service that has led the introduction of the service offer in Perth metropolitan district areas.

As the first Aboriginal Community Controlled Organisation to deliver Home Stretch WA, Yorganop will play a critical role in strengthening and shaping the Home Stretch WA Model so that it can be delivered through a strong cultural framework, and in a way that is appropriate for Aboriginal Transition Coaches and community organisations.

As a partner in the facilitation of the Home Stretch WA Community of Practice, Yorganop will employ an Aboriginal Practice Lead who will lead this work on Noongar Country in its initial phase.

As Home Stretch WA is established in other regions, we will seek to work in respectful partnership with other Aboriginal Community Controlled Organisations delivering Home Stretch across the state, learning together how local country, culture and community are at the heart of the delivery of Home Stretch WA services.



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Home Stretch WA Model Structure

Home Stretch WA was co-designed with young people to provide them the option to receive continuity in support and resources, until they reach 21, whilst also supporting them to build their interdependence in the community.

There are three key elements to the service offer that must be consistently available to young people through a Home Stretch WA service. These elements must be integrated and offered to a young person through their relationship with their Transition Coach:

Transition Support

Flexible, holistic, one-toone support focused on coaching towards interdependence

Safety Net

The right to a visible and viable safety net of resources that ensures access to housing, foster care, health, education and other life skills

Support Circles Approach

Supporting a young person to establish an enduring network of personal, cultural, family and community connections

Each of the key elements is delivered through practice approaches that were co-designed, tested and refined in the Home Stretch WA Trial. Designed to be delivered in an integrated way, these practice approaches are not intended to be offered as stand-alone services.

Over time service providers will develop and enhance each of the practice approaches, working in partnership with the Home Stretch WA Community of Practice through a number of working groups.

The Home Stretch WA Community of Practice will provide a central hub and backbone resource to support providers to learn how to deliver the service, and then strengthen the Model through innovation, reflective practice and a shared commitment to continuous improvement.

Home Stretch WA Model



Young people are at centre of support where everyone is treated as an individual

Support or connection is offered in all areas of life

Support is delivered in specific ways (Practice Approaches) that work for young people

Home Stretch WA focuses on three practice areas of support

Home Stretch WA's greater purpose is to connect young people with their community and culture

Summary of the Home Stretch WA Payments

Payment	Details	Amount & Frequency	Recipient	Payer
Staying On	A fortnightly payment that provides a continuation of part-payment of the foster care subsidy paid to approved foster and family carers. Supports the costs of a young person to continue staying on in the living arrangement with their carer. Young people are encouraged to make voluntary contributions towards the families living costs, but are not formally contracted to pay their carer for housing or accommodation.	\$450 p/fn (1st year rate from 1 July 2022) Regular Payments Year 2 – 75% Year 3 – 50%	Foster/Family Carer who the young person has previously lived with while under 18.	Department of Communities
Housing Allowance	A fortnightly payment made to a landlord or organisation (student housing, boarding, lodging etc.) to subsidise the housing costs paid by the young person to the landlord/organisation/person.	Up to \$450 p/fn (1st year rate from 1 July 2022) Regular Payments Year 2 – 75% Year 3 – 50%	Landlords and Housing Providers *Excludes NHHA funded housing, Public Housing & Subsidised Housing based on percentage of income	Department of Communities
Invest In Me	Brokerage funding to support young people to achieve their goals, or assistance to help them in times of crisis or emergencies.	Funded at \$2,500 p/a. Capacity for additional funding on a case-by- case provider discretion One-off, discrete payments *Replaces access to leaving care funds for Home Stretch WA Participants	Goods and service providers	Delegated to Home Stretch WA Provider (NGO)

Home Stretch WA Model Program Logic

INPUTS Investment – Commitment of Resources	ACTIVITIES Actions which mobilise inputs to produce outputs or outcomes	OUTPUTS Deliverables/products, artefacts, goods & services	SHORT-TERM OUTCOMES 0-2 YEARS Initial results of an investment's outputs	MEDIUM-TERM OUTCOMES 2+ years	LONGER-TERM OUTCOMES/IMPACT Overall Goal/Objective
Sufficient resourcing – financial, human & physical – to roll out Home Stretch WA (HSWA)	Provide individualised 1:1 Transition Support: Smooth Transition Transition Coaching (including like skills)	Number and proportion of young people who Opt In to HSWA # of young people	<u>SLO</u> : (evidence indicates) HSWA is responsively addressing service users' needs and expectations <u>SLO</u> : Support received by young	<u>SLO</u> : (evidence indicates) HSWA is consistently meeting service users' needs & expectations and responding to their	More young people formerly in care are developmentally ready to transition to adulthood successfully Young people exit HSWA at
HSWA resourcing & coordination: Department of Communities Community of Practice Contracted Service	Provide Safety Net resources and supports: Staying On Housing Allowance Invest In Me	supported Length of time young people engaged # of support sessions provided	 people is enabling successful transition to adulthood. Evidenced by: positive judgements of personal wellbeing (existing wellbeing survey) satisfactory engagement levels 	circumstances <u>SLO:</u> Majority of initial HDWA service users make smooth & successful transition to adulthood	 21 with: a well-developed sense of identity, independence and autonomy a well-developed sense of belonging and cultural
Providers Child Protection District Offices Other support services	Foster interdependence: Support Circles Footprints (Support Circles) Pathways (prototype)	# of contacts with support workers # of Staying On Agreements	 (threshold measure to be developed) high trust and satisfaction with Transition Coach strengthening sense of identity, agancy, belonging, and connection 	All SLOs are robust and consistently achieved HSWA appropriateness (person-centred, place-	connection a strong connection to education, training and/or employment
Family/Foster Carers Proportional funding for	Provide individualised funding (brokerage) planning Connection and Advocacy:	# of Housing Allowances established Amount of individualised	agency, belonging, and connection to others and culture Carers feel supported and valued children's' needs are met (where	based, culturally responsive), effectiveness, efficiency, & value for money demonstrated	 longer term safe, stable housing improved health outcomes
ACCOs to deliver HSWA regionally Clear strategic & operational	 Provide information and promote access to mainstream resources 	funding allocated # and type of Support Circle activities	applicable) <u>SLO</u> : Service users gain: access to stable housing and health	Reliable evidence HSWA provides or inspires: a high quality service	 an enduring personal and support network financial security and confidence
framework Practice Principles include: Person-centred Place-based Culturally responsive	Collaborate and integrate with CPFS District Office Supports, CoP and other providers	 Developed service provider support materials including: Program Guide / Practice Framework Role specific training 	 care education, training, employment opportunities a sense of identity and connection (# d. above) Related factors include: 	 access to a stable home and health care employment, training and educational opportunities positive judgements of wellbeing 	 reduced justice system contact less dependence on government safety net or specialist resources
 Engagement & local ownership Young people 		 Packages Reflective supervision sessions 	 experience of housing stability, safety and choice (include # not experiencing housing stress or 	 a sense of identity and community/culture connection 	Client outcomes are sustained Levels of required support
participation and empowerment Trauma-informed		 Digital 'knowledge hub' and policy library 	 homelessness) personal attention to health and self- care maintained or increased 	 independent living skills Quantifiable evidence shows positive and enduring 	reduce (for individuals) Reduced longer term systemic costs
 ACCO-led Three Practice Approaches: 1. Transition Support Smooth Transition 			participation in education, training and/or employment (e.g. # enrolments, # qualifications, # in paid	participation in education, training and work (e.g. # enrolments, graduations, jobs)	Systemic reform is achieved through an enabling culture of collaboration
 Transition Coaches Safety Net Staying On Facilitation + 			work) access to financial support and reduced hardship SLO: Services are shown to be culturally 	Aboriginal young people across WA can choose support from a preferred ACCO	HSWA is fully embedded and Business as Usual in the Leaving Care continuum
 Subsidy Housing Allowance Invest In Me Funding 3. Support Circles Pathways Footprints 			responsive, place-based and person- centred <u>SLO</u> : Service providers work with the CoP, collaborate and share data Service providers are confident in their	Home Stretch WA (a) moves from prototype to fully integrated service, and (b) is becoming embedded in the Leaving Care continuum	
			ability to deliver HSWA		- Revised November 2022 9

Practice Approaches - Definitions

Transition Support	
Iransilion Support	Working to gother with a volume nemen and their support circle from and of 17.5 we are to ensure a second to the visiting inter-
Smooth Transition	Working together with a young person and their support circle from age of 17.5 years to ensure a smooth transition into the Home Stretch WA program and a seamless continuation of support until the age of 21 years. Ensuring young people are aware of their rights and can independently access support they are entitled to until the age of 25 years.
Transition Coach	A consistent, reliable and skilled support worker providing flexible, one-to-one support focused on coaching a young person towards independence. The transition coach provides the young person access to the range of resources and financial payments available through Home Stretch. They work from a set of practice principles to ensure the support they provide is consistent and focused on building a young person's self-reliance, living skills, connection to community, culture and country.
Safety Net	
Staying On	Young people can be supported to continue 'staying on' with a carer to ensure they have a stable living arrangement until the age of 21 years. This includes a continuation of payments and support to foster and family carers with an expectation that a young person will contribute to their living expenses from their independent income. The focus of Staying On Agreements is to support the young person's emerging independence. These payments will be administered by Communities.
Housing Allowance	Young people can be supported to access a Home Stretch WA Housing Allowance that can assist them to afford a broader range of living arrangements, and includes an emphasis on providing them the skills and supports they need to secure and maintain safe and stable housing.
Invest In Me Funding	\$2,500 per young person per annum, gives young people the 'right' to a visible and secure financial safety net for resources to support them towards their aspirations and goals, or for crisis relief. Invest in Me funding is provided through the coaching relationship and administered by Home Stretch WA service providers.
Support Circles	
Support Circles Approach	A primary focus of all support provided to young people is to grow and maintain an enduring network of personal, family and community connections beyond the child protection system. This practice lens should be applied to every aspect of service delivery, it recognises the trauma that many young people have experienced and encourages a focus on helping a young person to heal and connect when they are ready.
Footprints (prototype)	Walking alongside young people to help them understand and explore the people, places and connections that are important to them. Mapping out the footprints that represent their life story, and helping them to identify opportunities to build new connections or heal and repair old ones.
Pathways (early prototype)	Walking alongside young people as they navigate their connections to family, community, culture and country. Coaching young people to develop the skills they need to reconnect with biological family, and providing safety and control for them if things don't work out how they had intended.

	Glossary
Term	Definition
Carer	Every living arrangement is different, and each young person will define their relationships using their language. For the purposes of Home Stretch WA, carers refers to the person/people a young person lives with in a Staying On agreement. Staying On is different to foster carer, but we They are essential supports to young people contributing to their cultural, social, emotional and physical well-being
Extended Care	'Care' in the context of child protection system carries many implications, and often is understood as the legal guardian relationship between the child protection system and the children and young people who are placed in its care.
	'Extended care' is often communicated as the goal of Home Stretch WA in public advocacy, but should be interpreted as an extension of the rights of young people to access support and resources rather than an extension of the legal guardian relationship between the Department of Communities and the child.
Interdependence	Home Stretch WA used the term 'interdependence' rather than 'independence' in order to reflect a notion of shared care, responsibility, mutuality and reciprocity between young people leaving care, their families, friends, workers, and the broader community.
Natural Networks	The people, communities and supports that are connected to a young person that are not funded services, or professional helping relationships.
Practice Approach	A defined way of working with young people and their support circles, built from practice frameworks, tools, processes and other resources.
Provider	Community Service Organisations or Aboriginal Community Controlled Community Organisations that are contracted by the Department of Communities to deliver the Home Stretch WA service.
Support Circle	The people, places, community, culture and country that every individual is connected, contributes and belongs to, and in turn is supported and strengthened by. An inclusive term that is used across the Home Stretch WA Model to ensure that every relationship and connection is valued and the young person is supported to strengthen, broaden and build their support circles as they journey towards interdependence.
Support Circle Approach	The mindset and practice lens that guides how a Transition Coach approaches their work with young people, encouraging them to see their primary role as supporting young people to broaden and build their support circles and enduring natural networks, rather than maintain a dependence on the specialist child protection system.
Young People	Young people aged between 17.5 and 21 years of age who participate in the Home Stretch WA service at a critical period of transition from out-of-home-care to interdependence.

Service Standards

The following section provides a summary guide of the standards that must be followed by Home Stretch WA providers in order to ensure they are delivering a high-quality Home Stretch WA service.

The standards were first developed through a combination of lived and learned expertise, bringing together the knowledge and learnings from the Home Stretch WA Trial and Nitja Nop Yorga Ngulla Mia co-design project, the Community of Practice Backbone Team, Aboriginal Practice Leads, Lived Experience Consultants, and founded on the work of the Home Stretch WA Trial Youth Advisory Group.

The Home Stretch WA Youth Engagement Strategy, developed by young lived experience consultants in consultation with the Youth Advisory Group, sets out expectations for Home Stretch WA providers to undertake reviews of their service against model integrity and the standards documented.

These standards are a living document and will be updated and refined by the Community of Practice through the input and insights of the different implementation working groups, and under the governance of the Guiding Panel. Over time, emerging adaptations will be tested and integrated into the model by the Community of Practice backbone team as part of its role to support continuous improvement of the Home Stretch WA model.

A final version, updated with the latest practice tools and resources, will be published in late 2024 to assist the future commissioning of services, and the permanent establishment of Home Stretch WA in the child protection system.

Fixed Critical features of the Model

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Fixed – A critical feature of the Model that should be prioritised. These concepts were non-negotiable for young people and will be expected of providers delivering Home Stretch WA services. **Flexible** Opportunities for innovation and adaptation

Flexible – An opportunity to integrate the strengths and knowledge of organisations and local communities, adaptation and innovation are encouraged but should remain aligned with the principles that underpin Home Stretch WA.

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1. Smooth Transition - Fixed

	Young people are supported to become interdependent		
What does it mean for young beople?	 Are provided with information about Home Str Understand and are provided information on the stream of the stre	on system. Ind how the service works WA through a range of different channels in culturally retch WA as part of early leaving care planning from their choice, and what other supports they might acc A anytime until they turn 21 ch WA provider in their community meet the needs of others (carer, provider, district) ing them to make choices a emphasis on relationships ugh the Transition Coach and the Department of Co at information is shared by the Department of Committion tion Coach over time to transitioning support or sharing information.	y relevant ways 15 years cess as a care leaver ommunities. nunities and what is no
What does the Service need to	o do to provide a Smooth Transition (i.e. Practice Standards)?	? Tools and Resources to Support Services	Training/Forums
 each individual young perso Describe the Home Stret session Clearly communicate ho designed and develope Work with a young perso a young person to make 	ch WA offer to each young person in an individualised info ow support is offered using resources and content that is d with young people, for young people on's support circle and respectfully engage them to support	 Referral & Onboarding Flowchart - Providers Transition Coach - Stages - Practice Guide Home Stretch WA Fact Sheet - Young People Home Stretch WA - Explainer Video Staying On Guide for Carers and Young People Smooth Transition - Information Session Practice Guide 	 Smooth Transition Referral Training for Transition Coache & Providers Practice Forums and Working Groups with Community of Practice
Follow the Home StretchEnsure there is consent fr	nformed choice to engage in Home Stretch WA WA Referral and Onboarding Practice Approach rom each young person before accepting a referral to return for young people who decline/opt-out of the	 Referral Stage I Form Referral Stage II Form Provider Release of Information Form Consent to Participate and Collect Information Consent to Obtain and Store Records 	13

1. Smooth Transition – Fixed cont.

What does the service need to do to provide a Smooth Transition (i.e. practice standards)?	Tools and Resources to Support Services	Training/Forums
 1.3 Ensure continuity in support planning and a warm handover Work collaboratively with the young person's Case Manager following the Working Together Protocols from 17.5 to 18 years Work collaboratively with a foster or family carer's supports to transition support to the Staying On Facilitator Seek understanding of a young person's cultural needs & supports through engaging with the Aboriginal Practice Lead (APL) or other cultural experts, as part of referral and onboarding Proactively include the young person when creating the Handover Summary document 	 Protocols for Transition Coach and Case Worker - Working Together Working Together Resource Planning Timeline Staying On Facilitator - Role in Onboarding Process Map 	 Smooth Transition Referral Training for Transition Coaches & Providers
	 Handover Summary Guidelines Handover Summary with Finances Document 	
 1.5 Proactively connect and build trust with each Child Protection District Office team Meet with each district and establish a working relationship through an establishment workshop with the Community of Practice team Routinely connect and co-locate with child protection workers in district offices Work collaboratively with district offices to build clear pathways for young people to engage with the service 	 Protocols for Transition Coach and Case Worker - Working Together Working Together Resource Planning Timeline 	 Practice Forums and Working Groups with Community of Practice
1.6 Proactively connect and build trust with Aboriginal Community Leaders, Elders, Aboriginal Community Controlled Organisations, Aboriginal Practice Leads, and the local Aboriginal community.	 Support from the CoP Aboriginal Practice Lead & Aboriginal Cultural Framework 	
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1. Smooth Transition – Flexible

Improving Pathways and Access	Home Stretch WA staff work together with the Community of Practice to ensure that information about the service offer, and pathways to choose to access and engage in Home Stretch WA are relevant for young people in their context.
Rationale	Young people from regions may need to be able to access the Home Stretch WA service offer through different mechanisms. Some young people living in a regional areas can make an informed choice about the service.

What does the Service need to do to provide a Smooth Transition (Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 Adapt the referral process to meet regional or remote contexts, or the cultural and language needs of local Aboriginal Communities. Create location and region-specific resources and client-facing information about the service offer Work with the Community of Practice to develop new resources that communicate the Home Stretch WA offer to young people and their communities. Develop unique protocols with local communities and district offices to ensure that Home Stretch WA is a visible and viable option for all young people. 		
 1.8 Adapt the referral process to improve access for specific cohorts of young people including; Young people living in residential care Young people living with a disability Young people supported by Safe Places or in Wrap Around Care. Young Aboriginal people who have disengaged from the care system Work with the Community of Practice and young people with lived experience to design and develop alternative pathways for young people to access information and make a choice about Home Stretch WA services. 		
1.9 Develop protocols and practice guidelines to govern how young people who are waitlisted for Leaving Care Programs are impacted by their choice to engage with a Home Stretch WA service during the interim period.		



2. Transition Coach - F	ixed		
What is a Transition Coach?	A consistent, persistent and skilled support worker who provides flexible, one-to-one support focused on coaching towards interdependence.		
Young people are empowered and build their self-reliance, skills, capacity and connection to community, culture			
What does it mean for young people?	 Can access support from a skilled and experienced worker who understands how to support them effectively Experience a helping relationship that has good boundaries Feel they have dignity and agency around their life and choices, including risk and safety concerns. Are supported in a consistent and reliable manner Have access to workers who understand their culture and how to navigate the different expectations of their culture and the mainstream culture. Understand the role and limitations of the Transition Coach Understand how a Transition Coach works and the principles they work from Can hold their service accountable Understand that a team is working together to help them and provide the best support possible Stay connected to a Home Stretch WA Team Receive consistent support regardless of who is available Are supported through a Smooth Transition when staff turnover or change 		
What does the Service need to	offer Transition Coaching (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 2.1 Ensure Transition Coaches pr Ensure every Transition Co Facilitate reflection and u Display the Principles public 	 Transition Coach Practice Principles Home Stretch WA - Supervision Template Home Stretch WA - Group Case Discussion Guidelines 	 Core training with Community of Practic Practice Forums and Working Groups with Community of Practic 	
Team, in accordance witInvolve young people wit selection of Transition Co	by Transition Coaches to work in a Home Stretch WA h the standard Transition Coach JDF h lived experience of care in the recruitment and	 Home Stretch WA JDFS (Coordinator, Transition Coach, Staying On Facilitator) Feedback from providers on young people involved in recruitment COP Surveys 	 Youth Advisory Group & Lived Experience Consultants - Community of Practic
 Ensure staff are trained in WA Model 	derstand and are trained in the Home Stretch WA Model and understand the core elements of the Home Stretch <i>i</i> th the Community of Practice	 Home Stretch WA - Transition Coach Onboarding Checklists Minimum amount of training hours per year per coach. Community of Practice core training schedule 	 Community of Practic - core training Practice Forums and Working Groups with Community of Practic

• Training Register

Case Discussion/Group Supervision Notes
Feedback in Community of Practice Forums
Feedback in Surveys in COP Practice Forums

2. Transition Coach – Fixed cont.

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What does the Service need to offer Transition Coaching (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 young people in all areas of their lives Transition coaches take a holistic approach and use assessment tools and activities that help the build an understanding of a young person's strengths and needs across all life domains identified in the Home Stretch WA Model. A person centered strengths-based support plan is developed with every young 	 Home Stretch WA - Transition Coach – Stages - Practice Guide Home Stretch WA – Example Planning Tools Home Stretch WA – Practice Guides Home Stretch WA - Operational- Group Case Discussion - Practice Guide Home Stretch WA - Operational- Supervision Template Home Stretch WA Service Tracking Tool - tracking case review dates 	 Core training with Community of Practice Practice Forums and Working Groups with Community of Practice Youth Advisory Group Lived Experience Consultants - Community of Practice
 2.5 Share support across the Home Stretch WA team Allocate a secondary coach to young people with complex support needs Provide Aboriginal young people with access to cultural support from an Aboriginal Worker Integrate the skills of the Staying On Facilitators to assist with family mapping and reunification Allocate only Home Stretch WA trained Transition Coaches to deliver the Home Stretch WA service offer to young people 	Data updates to CoP	 Community of Practice - core training Practice Forums and Working Groups with Community of Practice
• Offer the option of changing Transition Coach when necessary or requested.	EL POLITICA	

2. Transition Coach – Flexible

What does the Service need to offer Transition Coaching (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 2.6 Develop and improve culturally appropriate approaches to providing transition support that are consistent with how support is provided within an Aboriginal community by Aboriginal people Develop and improve the Transition Coach 50D role, including any specific responsibilities or activities that might need to be included to strengthen access to support around culture for young people Explore alternative ways to broker or establish cultural knowledge and healing through community and elders. 	 Home Stretch WA - Transition Coach – Stages - Practice Guide 	 Community of Practice - core training Practice Forums and Working Groups with Community of Practice
 2.7 Establish service infrastructure to support Transition Coaches Payment mechanisms and process for Invest In me (incl under \$100 discretionary) Access to outreach cars Access to IT and mobile phones for staff Access to an organizational social media sites to assist in communicating with young people Protocols for working remotely from districts and outreach locations 	 Invest in Me - Flowchart Invest in Me - Practice Guidelines Invest in Me - Decision Matrix- Practice Guide Invest in Me - Data Definitions for Funding Social media usage policy 	 Community of Practice - core training Practice Forums and Working Groups with Community of Practice
 2.8 Develop a supportive team culture Provide regular 1:1 supervision Develop a culture of reflective practice and a growth mindset Ensure Transition Coaches have freedom to bring their own strengths and skills to their work Support the team to debrief and seek peer support regularly Facilitate clear digital communication channels for the team to collaborate while working remotely or on outreach Provide Transition Coaches with trust and some flexibility and autonomy to work independently with young people 	 Home Stretch WA - Transition Coach – Stages - Practice Guide Home Stretch WA - Operational- Group Case Discussion - Practice Guide Home Stretch WA - Operational- Supervision Template 	 Community of Practice - core training Practice Forums and Working Groups with Community of Practice
 2.9 Ensure good Practice Governance is maintained Define clear policies around risk, safety and financial governance Develop escalation and consultation pathways for Transition Coaches to seek advice and expert input on practice (internal or external) Ensure client records and files are maintained and available for audit 	 Home Stretch WA - Operational- Group Case Discussion - Practice Guide Home Stretch WA - Operational- Supervision Template 	Community of Practice - core training

3. Invest In Me - Fixed

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What is Invest In Me?	Funding for the young person towards achieving their pe by Home Stretch WA service providers	rsonal goals, is provided through the coaching relation	ship and administered
What does it mean for young people?	 Young people have the 'right' to a viable and secure find goals, or for crisis relief Understand how Invest In Me works Have access to resources to achieve Aspirati Have rapid access to financial support in time Experience consistency in support and decision makin Are part of the decision-making process and Are provided with clear avenues and options Build knowledge and confidence in accessing finance Trust the Invest In Me process and learn to effectively 	onal Goals es of crisis ng around financial issues understand how and why decisions are made to appeal decisions and give feedback ial supports and resources outside of the child protectio	on system
What does the Service need to	do to implement Invest In Me (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 following the practice guide Ensure young people are financially self-reliance Base the funding on need Communicate to young people 	ve decisions when providing Invest In Me funding by lines for Invest In Me supported to grow their capacity and become d and not on exhausting allocation beople their right to appeal funding decisions develop skills in self-advocacy	 Invest in Me - Flowchart Invest in Me - Practice Guidelines Invest in Me - Decision Matrix- Practice Guide Invest in Me - Data Definitions for Funding Home Stretch WA Service Tracking Tool – Invest in Me Data tracking 	 Community of Practice- core training Practice Forums and Working Groups with Community of Practice
 Ensure delegated author Stretch WA Coordinator of guidelines. Ensure the delegated aut funding decisions, in according Maintain Transition Coact 	tround expenditure within a Home Stretch WA Team ity to approve Invest In Me expenses is held by a Home or another manager who follows the Invest In Me thorising manager makes objective and transparent ordance with the Invest In Me practice guidelines nes delegated authority to pay for costs (under \$100) in est In Me recommended practice guidelines		

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3. Invest In Me – Fixed cont.

What does the Service need to do to implement Invest In Me (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 3.3 Improve young people's awareness and confidence in accessing mainstream financial support and resources Maintain an up-to-date knowledge of available financial supports for care leavers and young people Ensure that Invest In me is not the first or only resource explored Provide information and support to young people around mainstream financial supports Operationalise Rapid Response Agreements to reduce costs for education, health and other government funded services 		 Practice Forums and Working Groups with Community of Practice
 3.4 Ensure young people access primary financial support through Invest In Me, rather than the Leaving Care Fund Communicate to young people that the Leaving Care Fund is only used for significant costs beyond the capacity of the Invest In Me Fund Work together with district offices to communicate and provide financial supports in a consistent way Ensure after-hours financial support provided by district offices (Crisis Care) is tracked and reported to Home Stretch WA 	 Working Together Protocols Transition Coach & Case Worker Working Together Guide - Financial Support from the Leaving Care Fund Invest in Me - Leaving Care Fund Form 	





3. Invest In Me - Flexible

What does the Service need to do to implement Invest In Me(Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 3.5 Establish an Invest In Me Payment Mechanism for the Home Stretch program and its staff. This system meets the minimum criteria; Payments are flexible and can be made on the spot, online, over the phone or in person Maximum 24hr turnaround for payment towards crisis and emergency relief needs Capacity to track, monitor and audit monthly spending for each young person, and by each coach 		
 3.6 Pool program funding as required to provide access to more than \$2500 per annum to young people with higher support needs Establish protocols and policy to govern the pooling of fundings Manage funding amounts and usage proactively and in consultation with Department of Communities to improve the future commissioning of services Ensure that unspent funding is rolled over each financial year, rather than being spent unnecessarily and unnecessarily increasing the cost of service provision 	Invest In Me Practice Guidelines	
 3.7 Maintain good financial governance Develop clear policies around delegated authority and spending limits. 		



4. Staying On – Fixed

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What is Staying On?	A continuation of payments and support to foster and family carers with an expectation that a young person will contribute to their living expenses from their independent income
What does it mean for young people and their carers?	 Young people can be supported to 'stay on' with a carer to ensure they have a stable living arrangement until age 21 Young people: Make an informed choice to Stay On as part of Home Stretch WA Access supports directly from the transition coach based on their needs and circumstances Are recognised as a young adult, and have a voice in negotiating the details of any Living Arrangement Have access to support around the safety and stability of the living arrangement Can end the Agreement when they choose Carers make an informed choice about whether Staying On is the right choice for them, their family and the young person. Carers: Are provided information about Home Stretch WA and Staying On early on in leaving care planning Are consulted and included in conversations about Staying On and Home Stretch WA services for their young person Understand how Home Stretch WA works with young people and families before they consent, including the potential financial implications of receiving a subsidy Feel like their strengths and values as a parent are reinforced and supported by the Home Stretch WA team Understand their responsibilities through Staying On Agreements
	Feel like their strengths and values as a parent are reinforced and supported by the Home Stretch WA team

Can end the Agreement when they choose

Wha	t does a service provider need to do to offer Staying On (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
	 communicate Staying On as a choice for young people and their carers in ways that re respectful of the strengths and values of the family Explore the best way to approach engaging with the family and carer as part of the Smooth Transition Stage II process. Offer an information session about Home Stretch WA directly to the carer by the Staying On Facilitator if necessary. Ensure how Staying On works is clearly and directly communicated to carers and young people before they consent to the subsidy payment Clear explain the rights and responsibilities of a Home Stretch WA team. 	 Staying On Facilitator - Role in Onboarding - Flow Chart Staying On Practice Guidelines Staying On Guide for Young People & Carers 	 Core Training - Community of Practice Practice Forums and Working Groups with Community of Practice
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Safety Net

4. Staying On – Fixed cont.			
What does a service provider need to do to offer Staying On (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums	
 4.2 Staying On is understood as only one part of the Home Stretch WA offer All young people in Staying On Agreements have access to a transition coach and other parts of the service offer The level of support provided by the coach can be adapted to meet the needs of the family, but some commitment to engagement and ongoing communication between the coach and the young person is required. 			
 4.3 Staying On Practice Guidelines are followed Staying On Agreements are negotiated by a Staying On Facilitator Young People are offered support by the Transition Coach to prepare for the agreement Staying On Agreements are negotiated for every placement, regardless of the living arrangement Agreements are reviewed at least every 12 months 	 Staying On Practice Guidelines Setting up a Staying On Agreement Discussion Guide Staying On Agreement Template Staying On Subsidy Application Form Staying On Review Template 		

Safety Net

4. Staying On – Flexible

What does a service provider need to do to offer Staying On (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 4.4 Provide carers ongoing support through a Staying On Facilitator until the young person turns 21 Develop and improve protocols to support a smooth transition of support between CSO Foster Carer Supports and Home Stretch WA providers Provide carers with brokered access to mainstream and specialist supports around relationships, parenting young adults and trauma Ensure after hours and emergency supports are signposted and provided to carers and young people to assist in times of crisis 		

Safety Net

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What is the Housing Allowance?	Funding support accessible to young people that can assist the	em to afford a broader range of living arran	ngements
What does it mean for young people?	 Young people can develop the skills and access the supports of Young people: Can access safe, stable and affordable housing regardless Increase their awareness of how to find, establish and mainted to be their about how to pay rent and take responsibility for mare to build their support circles or develop support from the Housing Allowance Can set up Living Arrangements with extended family, that is Agreements. Develop a rental history and can sustain housing options that Build their financial self-reliance and capacity to manage p Explore safe and stable housing options within their support 	of their current living arrangements tain safe and stable housing laging their own housing costs o new connections through brokered oppo include support from a Staying On Facilitate at were previously unaffordable aying for their own housing costs	ortunities created with
What does a service provider n	eed to do to offer Housing Allowance (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
Ensure young people are stable, while helping then	xplore and make choices about their living arrangements empowered to understand and determine what is safe and n avoid being exploited. e to explore a broad range of living arrangements	 Housing Allowance Practice Guidelines 	 Housing Allowance Training
Complete Housing Allows pathway plan.	Options that are safe, stable and affordable ance Applications in full, including a budget and housing responsible for their own costs, and can afford the living	 Housing Allowance Application Form Housing Allowance Information Sheet 	
the paymentCommunicate the condi- Allowance clearly.	tand they must be engaged with a Transition Coach to access tions and agreement that underpins payment of the Housing ance is reviewed 6 weeks before the end of the payment	 Housing Allowance Practice Guidelines 	
5.4 Ensure Housing Allowances a programs	re not used by providers to subsidise already subsidised housing	 Housing Allowance Practice Guidelines 	
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Support Circles Approach

6. Support Circles – Fixed

What are support circles?	Supporting young people to build an enduring network of person assistance to map out connections to family, community and cu they wish to do so.		
What does it mean for young people?	 Young people develop the skills and capacity to build an endur confidence to seek help from mainstream services Young people: Are invited to engage in family finding or mapping exercises Are seen equally for their capacity to contribute and support Are offered the option to connect with cultural support and r through an Aboriginal Community Controlled Organisation in Have access to living arrangements that strengthen their cor 	only when they feel safe and ready enoug t others, as well as being a recipient of supp mentoring from someone within their culture t their region	h to do so Ports
What does a service provider ne	eed to do to implement Support Circles (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 community, culture, family a Working with every young Smooth Transition using th Work sensitively with young 	people to be supported to map out their connections to and country. g person to help them map their Support Circle as part of a be Footprints Tool (or similar practice approach) ag people around reconnecting with their biological family. art of preparing the Handover Summary prior to ageing out at 21	 Support Circles Approach Footprints Practice Resources 	 All core training integrates and references a Support Circles Approach Practice Hours on Footprints and Suppor Circles
 when they are ready Provide opportunities for y their cultural knowledge t culture. Provide support to young family. Explore Cultural Healing c person 	al from trauma and connect with culture, family and community young people to connect with their cultural identity and grow through activities and relationships with people who share their people to reconnect and repair relationships with biological and Traditional Healing Options if appropriate for the young understand their connections to country and connect with s.	 Partnerships and relationships with Aboriginal and CALD community, support groups and leaders. Home Stretch WA Cultural Practice Frameworks - (to be developed with each ACCO) 	 Yarning Circles and Practice Hours with ACCO Integration of Cultural Practice into core training
intervention is considered an circles.Engage with a young per setting.	roach in all aspects of service delivery, ensuring that every opportunity to broaden and build a young person's support rsons' support circles when undertaking planning and goal urage a young person to consider their natural networks and	 Support Circles Approach embedded in all practice guidelines. Footprints tool 	 All core training integrates and references a Support Circles Approach
	issistance and resources, before approaching specialist services.		25

Support Circles Approach

6. Support Circles – Fixed

What does a service provider need to do to implement Support Circles (i.e. Practice Standards)?	Tools and Resources to Support Services Training/Forums
6.4 Focus reflective practice activities on understanding how a young persons Support Circles might be activated as part of Case Reviews/Group Supervision/Individual Supervision	 Group and Individual Supervision Resources
 6.5 Offer information and supports to strengthen the capacity of a young person's support circle. Provide Staying On carers with brokered access to mainstream and specialist supports around relationships, parenting young adults and trauma Ensure after hours and emergency supports are signposted and provided to carers and young people to assist in times of crisis. 	Staying On Practice GuideStaying On Agreement

Support Circles Approach

6. Support Circles – Flexible

What does a service provider need to do to implement Support Circles (i.e. Practice Standards)?	Tools and Resources to Support Services	Training/Forums
 6.6 Home Stretch WA teams' build partnerships and strengthen referral pathways with other services and programs that young people might access. An emphasis is placed on creating pathways into safe and stable housing. T 	Stakeholder MappingService Directories	
6.7 Home Stretch WA Teams work from a Trauma Informed Approach; every staff member has a well-developed understanding of the impact of trauma (including intergenerational) on young people's development and how they might relate to the world. This knowledge is always used to guide responses and practice approaches.	Transition Coach Practice Guidelines	 Core Training around Trauma informed Practice
6.8 All staff employed by Home Stretch WA providers understand how to set and role model appropriate and healthy boundaries with young people and their support circles.		
 6.9 Home Stretch WA providers work to create a positive, safe and supportive team culture that celebrates and values the lived, learned and cultural expertise of members. There is a focus on identifying and celebrating the strengths of each individual team members and finding ways to build on them as part of professional development. 		
 Individual Reflective Practice Supervision is offered to all staff on a consistent basis (typically 90 mins every 6 weeks for full-time front-line staff) 		
• There are clear pathways and processes to respond to serious issues and critical incidents as they arise. Risk are responded to in ways that respect the dignity and agency of the young person and the safety and wellbeing of workers and others.		26

It is imperative that we understand the difference the Home Stretch WA program is making for young people and capture this pivotal change across the sector.

Providers contribute data about their Home Stretch WA service to the Department of Communities and to the Community of Practice separately. Data sharing with the Community of Practice is a contractual agreement between providers and the Department. An external body is developing an appropriate system-wide evaluation framework and all this information will come together to tell an important story of how Home Stretch WA is meeting the needs of young people.

Providers will record and maintain a minimum data set through the Service Tracking Tool which is shared the Community of Practice quarterly. The Community of Practice will support providers to understand and use this data within a Results Based Accountability framework that will enable services to measure their impact to answer three fundamental questions:

How much have we done?
 How well have we done it?
 Is anyone better off?

Supporting Data Collation Documents

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- 1. Service Tracking Tool
- 2. Providers existing Client Management System

Quarterly Data Sharing:

1. Service Tracking Tool

2. Invest In Me Funding and Change Story template Support to interpret data to inform continuous improvement

What makes a Home Stretch WA Team work?

A Home Stretch WA Team works together to deliver the Home Stretch WA service, and provide supports to young people and their carers. Each team should aim to develop a strong culture that is aligned to a common vision of what Home Stretch means for their community.

While each organisation will bring its own unique culture and identity, Home Stretch WA teams should be supported to develop an identity that aligns with others delivering Home Stretch services and supports the development of a community of practice.

Historically, there can sometimes be challenges for Community Service Organisations working within the Child Protection System, and it's important that there is a focus on building strong and healthy relationships with every district office through colocation and working together.

Like many youth specific programs, Home Stretch WA teams work best where there is a sense of trust, safety, and empowerment of individual strengths and approaches to work. Vicarious trauma and compassion fatigue are significant risk factors for teams, and leaders should recognise and promote opportunities to create a healthy team culture that includes humour, fun and an intentional celebration of good outcomes.

Often working alone as outreach workers, Transition Coaches can really benefit from using technology to communicate throughout their day, and leaders should create digital spaces for both formal and informal debriefs and check in activities throughout each day.



How to recruit a Home Stretch WA Team

Home Stretch WA can be an inspiring role, but brings many challenges for professional youth and social workers. Compassion fatigue and vicarious trauma, and the challenges of working in a system that perpetuates trauma.

- Attracting and recruiting
- Using JDF's and other resources that describe the role well
- Recruiting for cultural fit and longevity (3-4 years), Aboriginal people and valuing
- Involving Young People in Recruitment Panels

Team Roles & Responsibilities - Fixed

The quality of a Home Stretch WA service is intrinsically linked to the quality and capability of the team, and the staff employed in each of the key roles.

The roles in a Home Stretch WA Team include:

- Coordinator
- Transition Coach
- Transition Coach (50D)/Cultural Practice Advisory
- Staying On Facilitator
- Administrative Support

The Community of Practice can provide JDF, Job Ads, Interview Schedules, onboarding checklists and support providers with recruitment activities if requested.

The scale of the service provision in some regions may mean that responsibilities may be shared across one role, or even across a region. The Coordinator and Staying On Facilitator roles have been integrated successfully in smaller teams.

It is important that the Transition Coach role remains a discrete role in a team, and where possible it avoid integrating with other program roles in Out-Of-Home-Care services.

Coordinator – Fixed

Coordinators hold a critical role in ensuring good practice across a Home Stretch WA Team. They establish a safe and supportive team culture, and ensure the team have the tools and resources they need to do their jobs.

What they do: Manage a Home Stretch WA Team

- Support and supervision of Transition Coaches (Usually up to 5)
- Support and supervision of Staying On Facilitator (Usually 1)

Practice/Program

- Manage intake and referrals directly and in collaboration with district offices
- Lead program management activities including staff recruitment and line management
- Approval of Invest In Me Fund applications
- Approval of Housing Allowance Applications
- Data tracking and reporting on progress and outcomes

Collaboration

- Maintains communication channels with district offices
- Maintains connections with practice expertise and knowledge (Cultural, Specialist)
- Practice Governance and Risk Management
- Works with Community of Practice to localise Model with district offices as needed
- Ensures team members engage with training and Supervision Groups
- Attends Home Stretch WA Community of Practice Leaders/Coordinators Group

Transition Coaches – Fixed



Transition Coaches are at the centre of the service Model. They are skilled and experienced helping professionals, with experiences and knowledge in individualised support and case coordination.

While the name might suggest otherwise, these roles are not entry level roles, should be well renumerated and require similar levels of skill and experience to a Case Manager in a Leaving Care Team.

What they do: Provide 1:1 support to young people

Caseload: Up to 12 Young People + 2 Secondary Support

1:1 Transition Coaching aligned with Practice Principles

- Primary access to Home Stretch WA offer
 - Smooth Transition
 - Housing Allowance/Staying On
 - Support Circles
 - Invest In Me
- Direct administration of Invest in Me Fund access
- Collects and monitors outcomes
- Records and tracks individual work with young people

Secondary support for complex cases

Collaboration:

- Works in close collaboration with district office staff and Young People's Support Circles
- Develops Handover Summary with young people as they transition out of Home Stretch WA
- Builds connections and relationships with district offices in Region
 - Fortnightly co-location
- Completes Core Training with Community of Practice
- Attends Group Supervision with Community of Practice
- Participates in Knowledge Hub for reflective practice discussions, Q&A and contributes to shared practice knowledge across network

Aboriginality and culture knowledge and connection to the local community is a key requirement of these roles. They take on an important position within an ACCO service provider and work with a reduced case load to allow them to provide support to young people who are coached by non-Aboriginal workers.

What they do: Provide 1:1 support to young Aboriginal people, Cultural support to other Transition Coaches and young people they support

Caseload: Up to 5 Young People + 7 Secondary support

- 1:1 Transition Coaching aligned with Aboriginal Practice Principles
- Young People Needing Aboriginal Worker
- Cultural Identity or Family Mapping as Primary Need

Secondary Support Cultural Identity Support

- Support other young people with cultural identity or cultural healing
- Capacity for group or 1:1 Interventions

Secondary Support to Establish Support Circles

- Family/Cultural Mapping
- Footprints & Pathways to Reconnect

1:1 Transition Coaching aligned with Practice Principles

- Primary Access to Home Stretch WA offer
 - Smooth Transition
 - Housing Allowance/Staying On
 - Support Circles
 - Invest In Me

- Direct administration of Invest in Me Fund access
- Collects and monitors outcomes
- Records and tracks individual work with young people

Practice/Program

- Directly works with Transition Coaches and can be invited to provided additional supports to young people.
- Assistance with Staying On/Housing Allowance Agreements and process of supporting these to succeed
- Assistance with connecting and promoting opportunities for young people to (re)connect with culture and country

Collaboration:

- Works in close collaboration with Aboriginal Practice Leads and district office Staff and Young People's Support Circles
- Develops Handover Summary with Young People as they transition out of Home Stretch WA
- Builds connections and relationships with district offices or Cultural Centres
- Fortnightly co-location
- Completes Core Training with Community of Practice
- Contributes cultural knowledge and expertise to the teams implementation of the Aboriginal Cultural Practice Framework
- Attends Group Yarning Circle with Community of Practice Aboriginal Practice Lead

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• Participates in Knowledge Hub for reflective practice discussions, Q&A and contributes to shared practice knowledge across network

Staying On Facilitator - Fixed

Staying On Facilitators enjoy working with families and family systems, and provide a different perspective and skill set to a team that is mostly focused on empowering young people. They primarily work with carers, but can play an additional role in supporting young people to reconnect with biological family as needed.

What they do: Broker and Support Staying On Agreements

Caseload: Up to 35 Staying On Living Arrangements

Work within Staying On Practice Framework

Practice/Program

- Primary contact and support for carers/families
- Establishes, coordinates and reviews Staying On Agreements
- Facilitates intervention to manage conflict/issues in relation to the living arrangement
- Manages signposting and warm referrals for ongoing therapeutic work (including NDIS)
- Provides support for Housing Allowance Agreements and applications (Host Homes/Family Agreements)
- Administration & management of subsidies and reviews

Secondary Support (In Non-ACCO Services)

Provides assistance to Transition Coach and young people around family mapping/finding, reunification/contact with biological family

Collaboration

- Works in close collaboration with district Placement Officers/CSO Support Workers for smooth transition of carer support.
- Liaises with Subsidy Payment Unit oversight of Subsidy Payments to carers
- Completes Core Training with Community of Practice
- Participates in Knowledge Hub for reflective practice discussions, Q&A and contribute to shared practice knowledge across network.

Administrative Support - Fixed

Home Stretch WA providers carry a significant responsibility for managing and monitoring spending through Invest In Me, as well as contributing outcomes data and information to the Community of Practice and the Independent Evaluation. The roles allow for front line staff to focus on front line work.

What they do: Support Home Stretch WA Team

- Assistance with Communications and Secretarial Support
- Processes and tracks spending, receipts & payments made through Invest In Me

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- Assistance to track and monitor outcomes data collection.
- Assistance to track and monitor Staying on & Housing Allowance Subsidy data and reviews